# Howard County Local Health Improvement Coalition May 28, 2015 @ 8:30 a.m. Potomac Room

#### **Members Present:**

Elena Acs, Grassroots Bob Anantua. Build Haiti Foundation Mary Ann Barry, Transition Howard County Dennis Bower, Walgreens Iason Brown, Walgreens Maria Carunungan, HC Health Department Liz Clark, Healthy Howard Melissa Clark, Evergreen Health Care Marsha Dawson, HC Dept. of Citizen Services Brian England, British American Auto Care Liddy Garcia-Buñuel, Healthy Howard Ronna Gotthainer, HC Health Department Kate Harton, Healthy Howard Ruth Heltne, Y of Central Maryland Peggy Hoffman, HC Dept. of Citizen Services Brian Jolles, We Promote Health Stu Kohn, HC Citizens Association Elizabeth Kromm, HC General Hospital Monica Lewis, Healthy Howard

Christine Lothen-Kline, Health Promo On Call Brian Mattingly, Healthy Howard Kelly McMillan, Howard Community College Rosimar Melendez, Horizon Foundation Elizabeth Menachery, HC Health Department Andrew Monjan, Transition Howard County Patricia Omaña, Healthy Howard Felicia Pailen, HC Health Department Shawni Paraska, Columbia Association Roe Rodgers-Bonaccorsy, HC Health Depart. Maura Rossman, HC Health Department Glenn Schneider, Horizon Foundation Kate Schulz, United Way of Central Maryland Phyllis Smelkinson, Healthy Howard Steven Snelgrove, HC General Hospital Arleen Tate, Delta Sigma Theta Barbara Wasserman, Community Member Joan Webb Scornaienchi, HC DrugFree Linda Zumbrun, HC Dept. of Social Services

## **Guests present:**

Carl DeLorenzo, HC Administration Sylvia Maldonado, FIRN/MOTA Tamara Moore, United Way of Central MD Kyla Mor, Johns Hopkins Health Care Deb Piez, Mental Health Authority Diana Rivera, FIRN/MOTA Fariborz Zarfeshan, ALFA Specialty Pharmacy Kimberly Zisman, HCHD WIC

### **Staff Present:**

Alvaro Ortiz, LHIC Program Manager Jeananne Sciabarra, LHIC Program Director Caryssa Thomas, CCT Admin. Assistant

# **Meeting Minutes:**

Maura Rossman, LHIC Co-Chair, opened the meeting at 8:35.

#### 1. Announcements:

- Behavioral Health Task Force Recommendations:
  - Healthy Howard to implement one, by introducing a Licensed Social Worker as part of the Community Care Team.
  - Hiring starting on 7/1, will be working closely with Way Station and others to focus on behavioral health issues and concerns being addressed by the Community Care Team.

### LHIC Website:

- Viewed "sneak preview" of website.
- Still in need of some logos from LHIC members.

- Logos will be linked to organization sites.
- LHIC Member Announcements:
  - o Get Active Howard County Brian Jolles:
    - Met million minutes goal for the year, triple the number of minutes from last year.
    - Family Wellness Day will be held on Sunday 6/7.
  - o HCHD Behavioral Health Roe Rodgers-Bonaccorsy:
    - Overdose response training to be held Monday 6/8.
    - Trauma Informed Care training to be held from 9-4 on Wednesday 6/10.
    - Verbal de-escalation of agitation training to be held from 11-4 on Wednesday 7/29.
  - Office on Aging Peggy Hoffman:
    - Older Adult Master Plan is now with the office of Howard County Executive Allan Kittleman, waiting on feedback from office to get adult master plan up and running. Then Healthy Aging work group will be formed.
  - Transition Howard County Mary Ann Barry:
    - Whole Foods hosting a summer shape up Monday 6/15 Sunday 6/28, will have discussions on plant based eating, kitchen instruction, and community support.
    - Prizes will be offered.
  - o Howard County Health Department/Healthy Howard Maura Rossman:
    - Famer's market to be held on Ascend One lot, Mondays from 11-3.
    - Focus on chronic disease prevention, beginning with a faith-based imitative based on the "Memphis Model."
- 2. HSCRC Planning Grant (Elizabeth Kromm):
  - New grant awarded to HCGH to focus on Population Health.
  - HCGH received \$200,000 to build a Population Health model.
  - Particularly interested in Medicare high utilizers, but plan to consider the entire population.
  - Main take-aways:
    - LHIC main integrator in terms of population health data and overall shared goals.
    - Need for good data and analytics.
  - Steering Committee will provide general vision reports to the LHIC.
  - Operation Committee will build model.
  - Facilitating committee will build recommendations based on sub-committees to look at financial stability.
  - Analytics evaluation sub-committee will be run by Hopkins Health care program managing.
  - Facilitation committee will map out what needs to be done.
  - Cores:
    - o Community Link to Care.
    - o Facility Transitions.
    - Social Needs.
    - o Mental and Behavioral Health.
    - o Pharmacy.
    - o Primary to Specialty Care.

- Timeline and Deliverables:
  - o 9/1 interim report due to HSCRC
  - o 12/1 final plan due.
- Next Steps:
  - Steering Committee Meeting 6/5.
  - Schedule operating committee kickoff.
  - o Set meeting schedule for cores and subcommittees.
- 3. HCHAS Results (Felicia Pailen)
  - Highlights improvements from 2012-2014
    - Decreased rate of uninsured in HC
    - o Fewer residents exposed to second-hand smoke
  - Access to Care:
    - o Tracked uninsured rate by age and gender.
  - Chronic disease:
    - Majority of county residents with hypertension are taking medications to improve their health.
  - Healthy Weight:
    - o County as a whole is doing well with exercise.
    - o Improved upon sugary beverage intake, especially among children.
    - County residents report getting 1-2 servings of fruits and vegetables per day.
  - Behavioral Health:
    - o Tracked stress levels by race and ethnicity.
  - Healthy Aging:
    - o 95% of residents aged 50-65 are insured.
    - Majority don't smoke.
  - Survey Results Availability:
    - Hoping to have survey results available for viewing within the next week or
    - o Goal is for all to be able to use data and share county wide.
- 4. CB 17-2015 (Glenn Schneider):
  - Goals of Bill:
    - o Preserves and increases adult choices.
    - o Encourages healthy choices -price discount on healthier drinks.
    - o Protects children and gives parents healthy options.
    - Makes reasonable exceptions.
  - Discussion:
    - There was concern expressed about the cost of implementing the bill, particularly the cost of providing water at county-sponsored events. There was disagreement about whether the bill required "bottled water" be provided or just "water," which would be significantly less expensive.
    - Concern was also expressed about the requirements regarding analytics and oversight placed on the Health Department by the bill.
    - There was a suggestion to modify the draft letter to note the LHIC's concerns about the bottled water and the HCHD requirements.
  - Vote:
    - o Of the 34 voting members, 18 were present; thus a quorum was established.
    - With a requirement of 2/3 of members present voting in favor to pass a motion, the number of votes to pass was determined to be 12.

- o There was a motion to approve the letter of support, with the modifications noted. The motion was seconded.
- The votes were counted as follows:
  - o 14 in favor
  - o 1 opposed
  - o 3 abstentions
- o LHIC staff will send edited letter to full LHIC for approval.

The meeting adjourned at 9:45 a.m.

Respectfully Submitted,

Caryssa Thomas CCT Administrative Assistant Healthy Howard, Inc.